



## Ski Jumping

Ski Jumping consists of a jumping ramp (in-run), take-off table, and a landing hill. The skier's jumps are evaluated according to the distance traveled and the style performed.



## Snowboarding

Snowboarding combines elements of surfing, skateboarding and skiing. The person glides, turns, and jumps on snow using a board that resembles a surfboard. Unlike a surfer, the snowboarder remains attached to the board by wearing special boots that are secured to the board.



## Speed Skating

Speed skating is a form of ice skating in which the competitors race each other in travelling a certain distance on skates. Types of speed skating are long track speed skating, short track speed skating and marathon speed skating.