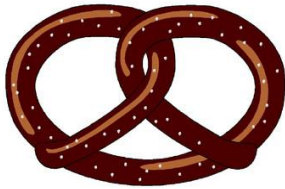


Name _____

5. October – National Pretzel Month



Dough Knots

Melanie’s older sister Jenny likes to cook and bake. She frequently tries new recipes. Sometimes, she lets Melanie help. Today, they are attempting to make homemade pretzels. First, they have to mix the dough and get it ready to roll into thick strings. When that is finished, they will fold the dough in a crossover pattern to make the pretzels. Then the pretzels will be baked until they are a golden brown.

When the dough is prepared, Melanie washes her hands well and takes a ball of it from the pan. She places it on a floured sheet of waxed paper then begins to flatten and roll it, just as Jenny has taught her to do. Finally, she has a dough string about as thick as her finger and eight inches long. She shows it to Jenny.

“That’s perfect,” says Jenny. “Now make your string into a dough knot just like I showed you.” Melanie follows her sister’s directions and creates a perfect pretzel ready for the oven. She hopes their pretzels are as much fun to eat as they are to make.

Directions: Please choose the correct answer and write its alphabet letter on the space in front of the appropriate question.

- | | |
|---|----------------------|
| _____ 1. What does Melanie’s older sister like to do? | a. baked in the oven |
| _____ 2.. What new recipe is Melanie trying in the story? | b. cook and bake |
| _____ 3. How will the pretzels be cooked? | c. perfect |
| _____ 4. Jenny says Melanie’s dough string is _____. | d. homemade pretzels |
| _____ 5. Melanie shapes her string of dough into a _____. | e. knot |