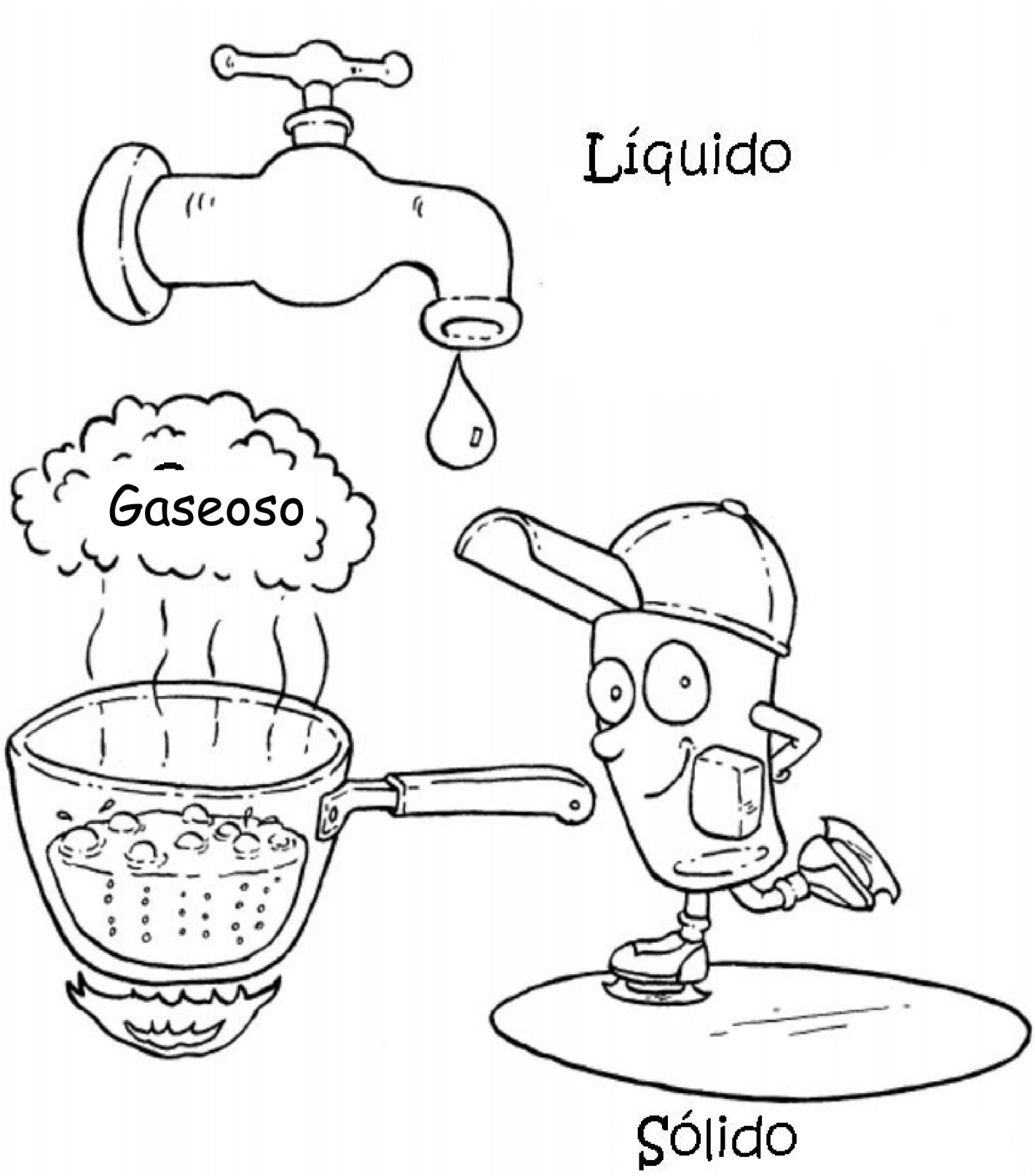Tres diferentes formas de agua