Forms of Energy Flip Page



Light energy comes from sources like the sun, a flashlight, and fire.
Plants use light energy from the sun to make food.



Chemical energy is energy caused by chemical reactions like the energy you get from food or gas used in a car.



Mechanical energy is the use of motion to do work as seen with a boy pedaling a bicycle or a frog jumping onto a rock.



Electrical energy is created from the flow of electrons used to operate a fan, light, or other electrical items.



Nuclear energy is formed when tiny particles called atoms split apart or join together. The Sun's energy is produced from nuclear reaction.



Heat energy is energy put into action by using heat. Examples of heat energy are stoves and matches.