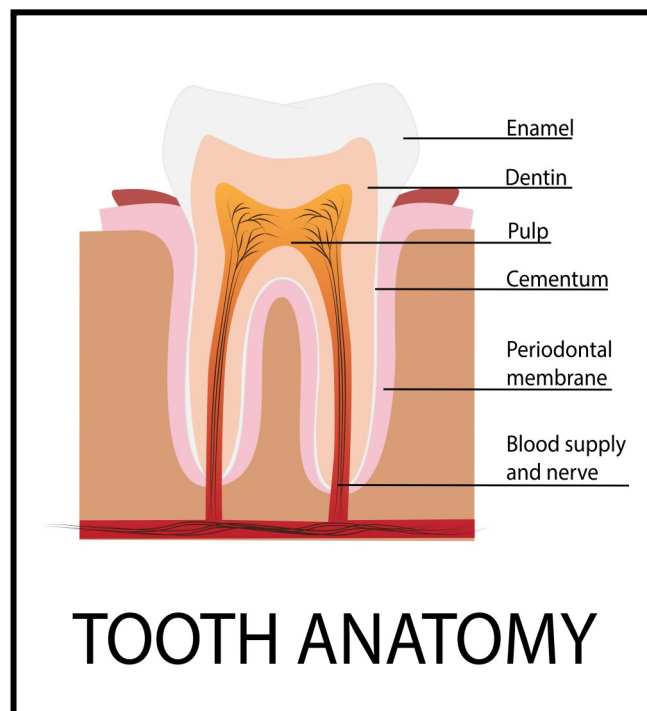


Teeth are made of enamel, cementum, ivory or dentin, and dental pulp or nerve.

- The enamel coats the tooth, is whitish, and hard. It protects the tooth.
- Yellowish cementum coats the root and attaches the tooth to the bone.
- Ivory or dentin is yellowish and surrounds the entire pulp.
- The pulp or nerve is reddish and is made up of blood vessels, nerves, and soft tissues. They cause sensitivity to the tooth.



To take care of your teeth you should follow these tips:



- Brush your teeth after each meal.
- Avoid high-sugar foods and drinks.
- Floss to remove food debris between your teeth.
- See your dentist or dentist on a regular basis.
- Use fluoride or mouthwash to strengthen tooth cleaning.

